



February 9, 2023

To all OSH staff,

This CMO Directive modifies and adds to Oregon State Hospital (OSH) policy number 8.037, "Patient Property."

Each patient receiving treatment at OSH has the right to wear their own clothing within appropriate clothing parameters established by OSH. It is my directive that:

- Staff must refer to Attachment A for patient clothing rules. These rules apply to all patients regardless of clothing preference.
- Patient clothing rules as depicted in Attachment A must be posted on each unit in an area visible to all patients.
- Patients must wear clothing as follows: a dress *or* a shirt with either a skirt, pants, or shorts. Clothing must be loose fitting and not tight.
  - Patients must wear shoes while not in their room.
  - A patient's chest and midriff must be covered by a dress or shirt. A patient's midriff must remain covered when a patient lifts their arms.
  - A patient's pants, shorts, dresses, and skirts must be at least knee length.
- Additionally, the following patient clothing is not permitted:
  - Camouflage or military-type clothing, except as approved in advance by OSH.
  - Clothing with words or logos related to alcohol, tobacco products, drugs, vulgarity, violence, bigotry, sexual connotations, or those containing allusion to any of these items.
  - Clothing that may be considered provocative, including, but not limited to, see-through, skin-tight, or low-cut clothing and/or clothing that exposes undergarments, back, midriff, or thighs at any time (i.e. while sitting, standing or bending over).
  - Hats or other head coverings which obstruct facial features
  - Shoes or accessories that might be a safety hazard, including anything that may be used as a weapon or ligature device.

This directive will remain in effect until OSH Policies and Procedures are updated or the directive is otherwise rescinded.

Sincerely,

A handwritten signature in blue ink that reads "Sara C. Walker MD". The signature is fluid and cursive.

Sara C. Walker, MD  
Chief Medical Officer  
Oregon State Hospital

**Attachment A – Oregon State Hospital Patient Clothing Rules**

CC: Dolly Matteucci, OSH Superintendent